



Bachelor of Liberal Arts Sample Curriculum

Human Wellness

****Refer to catalog.unm.edu for course descriptions and pre-requisite*

Biology

- 1140/1140L Biology for Health Related Sciences
- 2210/2210L Human A&P I
- 2225/2225L Human A&P II
- 2305 Microbiology for Health Sciences

Chemistry

- 1215/1215L General Chemistry I
- 1225/1225L General Chemistry II
- 301 Organic Chemistry
- 302 Organic Chemistry

Communication and Journalism

- 320 Conflict Management and Mediation
- 327 Persuasive Communication
- 393 Topics in Communication
- 450 Health Communication

Dance

- 313 Kinesiology for Dancers

Economics

- 335 Health Economics
- 410 Topics in Health Economics

Family & Child Studies

- 1120 Introduction to Family and Child Studies
- 1125 Carpe Noctem: Sleep, Health, and the Family
- 2130 Marriage and Family Relationships
- 310 Friends and Intimate Relationships
- 484 The Sociocultural Context of Families
- 493 Topics

Health Education

- 1220 Personal Health Management
- 2530 Fund. of Human Sexuality
- 2130 Consumer Health
- 2150 Foundations of Health Promotion
- 333 Emotional Health & Interpersonal Relationships
- 371 Introduction to Public and Community Health
- 473 Health Issues in Death & Dying
- 482 Social Determinants and Multicultural Health
- 487 Physical Activity and Aging
- 493 Topics

Health, Medicine, & Human Values (requires instructor permission)

- 1110 Social Contours of Health
- 2110 Health, Medicine & Human Values Workshop
- 310 Health & Cultural Diversity
- 398 Community Service-Public Health Workshop
- 401 Ethics, Medicine & Health
- 498 Special Topics in Health, Medicine and Human Values

Interprofessional Education Program

- 305 Interprofessional Education Topics

Nutrition

- 2110 Human Nutrition
- 320 Methods in Nutrition Educ
- 344 Energy Nutrients in Humans
- 345 Vitamins & Minerals in Human Nutrition
- 424 Nutrition in the Life Cycle
- 445 Applied Nutrition and Exercise

Sociology

- 325 Couples, Family and Friendship
- 340 Sociology of Medical Practice

Physical Education Professional

- 2165 Kinesiology
- 2150 Motor Learning &
- 326L Fundamentals of Exercise Physiology
- 375 Pharmacology in Athletic Training
- 444 Teaching and Learning in Physical Education
- 466 Adapted Physical Education
- 467 Physical Disabilities and Causes
- 479 Organization and Administration of Physical Education
- 480 Principles of Coaching

Sustainability Studies

- 1134 Introduction to Sustainability Studies
- 364 Local Food Systems Practicum
- 384 Heritage Farming Practicum
- 410 Lobo Gardens: Community Change
- 418 Nuclear New Mexico: Environmental and Social Impacts