



Bachelor of Liberal Arts

Sample Curriculum

Holistic Wellbeing

****Refer to catalog.unm.edu for course descriptions and pre---requisites*

Africana Studies (AFST)

- 340 Race and Globalization

American Studies (AMST)

- 1140 Introduction to Critical Race and Indigenous Studies
- 315 Radical Religions and American Transformations

Anthropology (ANTH)

- 1135 Introduction to Biological Anthropology
- 1140 Introduction to Cultural Anthropology
- 381 The Anthropology of Heritage

Chicana & Chicano Studies (CCST and CCS)

- 1125 Chicana-o Latina-o Musical Cultures and Expressions
- 308 Global Curanderismo
- 372 New Mexico Villages and Cultural Landscapes

Communication & Journalism (COMM and CJ)

- 1145 - Sex, Lies, and Fake News: How to Use Media Wisely
- 2120 Interpersonal Communication
- 2140 Small Group Communication
- 314 Intercultural Communication
- 318 Language, Thought and Behavior
- 320 Conflict Management and Mediation
- 323 Nonverbal Communication
- 326 Gender and Communication
- 421 Communication and Relationships

Dance (DANC)

- 313 Kinesiology for Dancers

Economics (ECON)

- 2125 Society and Environment
- 2130 Personal Investing
- 335 Health Economics

Family & Child Studies (FCST and FCS)

- 1125 Carpe Noctem: Sleep, Health, and the Family
- 2130 Marriage and Family Relationships
- 310 Friends and Intimate Relationships
- 312 Parent-Child Interactions
- 411 Marriage and Family Life Education
- 412 Fathering
- 416 Adult Development in the Family
- 484 The Sociocultural Context of Families

Geography (GEOG)

- 1165 People and Place
- 457 Environmental Security: Energy
- 458 Environmental Security: Food and Water
- 464 Food, Environment, and Society

Health Education (HLED and HED)

- 1113 First Aid and CPR
- 1220 Personal Health Management
- 2530 Fundamentals of Human Sexuality
- 333 Emotional Health and Interpersonal Relationships
- 371 Introduction to Public and Community Health
- 473 Health Issues in Death and Dying
- 477 Stress Management
- 482 Social Determinants and Multicultural Health
- 487 Physical Activity and Aging

History (HIST)

- 410 History of Diet and Health
- 412 Food, Technology, and Society
- 413 History of American Food Cultures
- 416 Health and Disease in the Southwest
- 417 History of Modern Medicine

Interprofessional Education Program (IPEP)

- 305 Interprofessional Education Topics

Nutrition (NUTR)

- 1110 Nutrition for Health

Peace Studies (PCST)

- 1110 Introduction to Peace Studies
- 307 Nonviolent Alternatives
- 340 Topics in Peace Studies

Physical Education Professional ((PRPE and PEP)

- 2110 Introduction to Athletic Training
- 2150 Motor Learning and Performance
- 466 Adapted Physical Education
- 467 Physical Disabilities and Causes
- 480 Principles of Coaching

Political Science (POLS)

- 300 Political Topics
- 303 Law in the Political Community
- 324 The Politics of Poverty and Inequality
- 376 Health Policy and Politics
- 377 Population Policy and Politics

Psychology (PSYC)

- 1110 Introduction to Psychology
- 2110 Social Psychology
- 2320 Health Psychology
- 2330 Psychology of Human Sexuality
- 332 Abnormal Behavior
- 374 Cultural Psychology
- 376 The Psychology of Love
- 400 History of Psychology
- 423 Human Emotions
- 443 Psychobiology of Emotion
- 450 Special Topics in Psychology
- 454 Positive Psychology

Public Health (PH)

- 101 Introduction to Population Health
- 102 Global Health Challenges and Responses
- 471 Introduction to Maternal and Child Public Health
- 472 Maternal Child Health Seminar I
- 473 Maternal Child Health Seminar II
- 474 Maternal Child Health Seminar III

Religious Studies (RELG)

- 1110 Introduction to World Religions
- 1550 Religion, Health and Medicine
- 319 Sex and Gender in Ancient Religion
- 347 Topics in Religious Studies

Sociology (SOCI)

- 2310 Contemporary Social Problems
- 2315 The Dynamics of Prejudice
- 2340 Global Issues
- 305 Environmental Sociology
- 307 Nonviolent Alternatives
- 308 Sociology of Gender
- 310 Sociology of Aging and the Aged
- 325 Couples, Family and Friendship
- 331 Social Movements
- 340 Sociology of Medical Practice
- 346 Health and Social Inequalities I
- 347 Health and Social Inequalities II
- 415 Inequality and Power
- 420 Race and Inequality
- 430 Intersectionality: Race, Gender, Class for Social Policy
- 452 Community Organizing and the Struggle for Justice in America

Sustainability Studies (SUST)

- 1134 Introduction to Sustainability Studies
- 2110 Climate Change and Sustainability
- 364 Local Food Systems Practicum
- 384 Heritage Farming Practicum
- 410 Lobo Gardens: Community Change
- 418 Nuclear New Mexico: Environmental and Social Impacts

Women, Gender, & Sexuality Studies (GNDR and WGSS)

- 2110 Introduction to Women, Gender, and Sexuality Studies
- 323 Feminist Economics
- 325 Race, Class and Feminism
- 331 Transnational Feminisms
- 333 Politics of Sex
- 416 Women & Health in American History