Bachelor of Liberal Arts
Sample Curriculum

Human Wellness
***Refer to catalog.unm.edu for course descriptions and pre-requisite

Biology
• 123/124L Biology for Health Related Sciences
• 237/247L Human A&P I
• 238/248L Human A&P II
• 239L Microbiology

Chemistry
• 121/123L General Chemistry I
• 122/124L General Chemistry II
• 301 Organic Chemistry I
• 302 Organic Chemistry II

Communication and Journalism
• 327 Persuasive Communication
• 443 Topics in Communication
• 450 Health Communication

Economics
• 335 Health Economics
• 410 Topics in Health Economics

Health Education
• 171 Personal Health Management
• 212 Fund. of Human Sexuality
• 247 Consumer Health
• 260 Foundation of Health Promotion
• 333 Emotional Health & Interpersonal Relationships
• 471 Intro to Community Health
• 473 Health Issues in Death & Dying
• 482 Intro to Health Education & Multicultural Health Beliefs

Health, Medicine, & Human Values (requires instructor permission)
• 101 Contours of Health in NM
• 201 Health, Medicine & Human Values Workshop
• 310 Health & Cultural Diversity
• 398 Community Service/Public Health Workshop
• 401 Ethics, Medicine & Health

Nutrition
• 244 Human Nutrition
• 344 Energy Nutrients in Humans
• 320 Methods in Nutrition Educ.
• 345 Vitamins & Minerals in Human Nutrition
• 424 Nutrition in the Life Cycle
• 445 Applied Nutrition & Exercise

Physical Education Professional
• 277 Kinesiology
• 288 Motor Learning & Performance
• 326L Fundamentals of Exercise Physiology
• 375 Pharmacology in Athletic Training
• 467 Physical Disabilities and Causes
• 469 Management Concepts in Sports & Fitness Setting